



INSTITUTE FOR SOCIAL AND ECONOMIC CHANGE

Dr V.K.R.V Rao Road, Nagarabhavi Post, BENGALURU-560 072.
Registered under the Karnataka Societies Registration Act, 1960 (S.No- 327/71-72)

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Smt. Vidyashree Chandaragi, K.A.S,
Registrar

07th November 2025

Ref: ISEC/PRC/Healthy Ageing/2025-26/391

**Sub: Request for Quotation for Catering Services for the Workshop on "Healthy Ageing"
scheduled on 20th & 21st November 2025 - reg.**

Dear Sir/Madam,

1. Enclosed herewith is the quotation format for providing **catering services** for the **Workshop on "Healthy Ageing"** scheduled to be held on **20th and 21st November 2025** at ISEC.
2. In case you are interested, please submit your **competitive quotation** as per the **menu and requirements** mentioned in the enclosed form, in a **sealed envelope addressed to the Registrar**, on or before **13th November 2025, 5.00 p.m.** The envelope should be **super-scribed** as **"QUOTATION FOR CATERING SERVICES – WORKSHOP ON HEALTHY AGEING."**

Thanking you,

Yours faithfully,


Registrar
Registrar

Institute for Social Economic Change
Dr. V.K.R.V Rao Road, Nagarabhavi P.O.,
Bengaluru-560 072, Karnataka (India)
Ph: (O) 080-23217011 Email: registrar@isec.ac.in

To

The Registrar
Institute for Social and Economic Change
Dr. V K R V Rao Road, Nagarabhavi, Bengaluru – 560 072

Ref: ISEC/PRC/Healthy Ageing/2025-26

Dear Sir/Madam,

**Sub: Request for Quotation for Catering Services for the Workshop on “Healthy Ageing”
scheduled on 20th & 21st November 2025 – reg.**

Date	Session	Menu Items	Quantity (Nos.)	Amount
20.11.2025 (Thursday)	Breakfast (8:15 AM)	Idli, Vada, Vegetable Upma, Kesari Bath, Coconut & Tomato Chutney, Sambar, Watermelon Juice, Sprouts, Boiled Vegetables, Boiled Egg, Bread, Jam, Butter, Cornflakes, Cut Fruits, Hot Milk, Tea / Coffee	30	
	Session Break (11:30 AM)	Tea / Coffee / Black Tea, Cookies (Sweet & Salt), Plain Cake	50	
	Lunch (1:00 PM)	Palak Soup, Vegetable Cutlet (Starter), Methi Chapathi, Aloo Gobi Capsicum Semi-Dry, Kadai Paneer, Mushroom Cashew Masala, Vegetable Biryani with Raita, White Rice, Dal Makhani, Butter Tomato Rasam, Green Salad, Curd, Pickle, Papad, Carrot Halwa, Ice Cream, Sweet Pan	50	
	Non-Veg Options	Chicken Pepper Fry, Fish Curry (Roop Chand)		
	Evening Session (3:30 PM)	Kathi Roll, Onion Pakoda, Tea / Coffee / Black Tea	50	
	Dinner (7:30 PM)	Chapathi, Two Varieties of Palya, Soup, Variety Rice, Sambar, Rasam, Salad, Pickle, Papad, Banana	5	
21.11.2025 (Friday)	Breakfast (8:15 AM)	Set Dosa, Vegetable Millet Khichdi, Peanut Chutney, Sambar, Sprouts, Boiled Vegetables (Carrot, Beans, Broccoli), Egg Bhurji, Bread, Jam, Butter, Cornflakes, Cut Fruits, Hot Milk, Tea / Coffee	30	
	Session Break (11:30 AM)	Tea / Coffee / Black Tea, Cookies, Plain Cake	50	
	Lunch (1:00 PM)	Corn & Lentil Coriander Soup, Spicy Potato Balls (Starter), Phulka, Mix Vegetable Curry, Bhindi Curry, Beetroot Palya, Green Peas Pulao with Raita, White Rice, Dal Fry, Pepper Rasam, Curd, Pickle, Papad, Salad, Jamoon, Cut Fruits, Sweet Pan	50	
	Non-Veg Options	Mutton Chops, Chicken Semi-Gravy (Andhra Style)		
	Evening Session (3:30 PM)	Anjeer Halwa (Sweet), Uddina Vada Pakoda with Peanut Chutney, Tea / Coffee / Black Tea	50	
	Dinner (7:30 PM)	Soup, Chapathi, Two Varieties of Palya, Variety Rice, Sambar, Rasam, Salad, Pickle, Papad, Banana	5	

Terms and Conditions

1. The caterer shall provide food and beverages strictly as per the approved **menu, quantity, and timings** specified by the organisers.
2. All food items must be **freshly prepared and hygienically served** at the designated dining area within ISEC campus.
3. The rates quoted shall be **inclusive of all taxes, service charges, transportation, manpower, and materials** required for serving.
4. Food shall be **served in clean steel plates, steel tumblers, and bowls**. Use of disposable plates/cups is **strictly not permitted** unless otherwise specified.
5. **Extra items or additional quantity**, if ordered, shall be charged **at the same approved rate** proportionately.
6. The caterer shall make necessary arrangements for **serving staff, buffet setup, drinking water, and cleaning** of the dining area after each session.
7. Payment will be made **after completion of the programme** upon submission of the **bill duly verified** by the concerned coordinator & Store Section.
8. In case of **unsatisfactory service, delay, or deviation from the approved menu**, payment may be withheld or reduced suitably.
9. The selected caterer must confirm **availability and readiness** to provide services **at least 2 days before the event**.
10. The caterer shall also **provide sufficient purified drinking water** at all meal and tea session venues throughout the workshop.

Thanking you,

Yours faithfully,

(Authorized Signatory with Company name & seal)