

Menopause: An Emerging Issue in India

Author :T.S Syamala and M. Sivakami

Abstract : This paper has analysed the National Family Health Survey-2 (NFHS-2) data in order to assess the variations in the levels of menopause in India and its states. It also has examined the non-biological correlates of menopause and has highlighted the emerging issues of menopause. The variations with respect to different socio-economic, demographic, nutritional and reproduction-related variables implied that, by and large, women from the poor socio economic sections reached menopause early compared with their counterparts. As India is still characterized by a large number of illiterate women with low age at marriage and early child bearing with poor nutritional levels, the problem of early menopause may continue to be a burden in the future too.